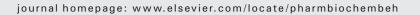
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## Mini-review 5-HT<sub>6</sub> pharmacology inconsistencies

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### 1. Introduction

Despite considerable research as summarized in several thorough reviews on serotonin type-6 (5-HT<sub>6</sub>) receptor physiopharmacology within the past decade (Branchek and Blackburn, 2000; Geldenhuys and Van der Schyl, 2008; Glennon et al., 2010; Heal et al., 2008; Holenz et al., 2006; Johnson et al., 2008; Lane et al., 2008; Russell and Diaz, 2002; Woolley et al., 2004), the functional role of  $5-HT_6$ receptors remains ambiguous. For example, it is not yet understood why putative 5-HT<sub>6</sub> receptor agonists and antagonists may share some odd similarities in their pharmacological properties, as in the case of their potential antidepressant (Carr et al., 2010; Hirano et al., 2009: Svenningsson et al., 2007: Wesolowska, 2007: Wesolowska and Nikiforuk, 2007: Wesolowska et al., 2007) or cognitive effects (Branchek and Blackburn, 2000; Burnham et al., 2007; Fone, 2008; Geldenhuys and Van der Schyl, 2009; Kendall et al., 2010; Liu and Robichaud, 2009; Schechter et al., 2004). Underlying some of these behavioral discrepancies are, we believe, ambiguous results on some basic aspects of 5-HT<sub>6</sub> receptor pharmacology. The discrepancies in the literature began even before the identification of selective  $5-HT_6$ receptor ligands, in work with antisense oligonucleotides to critical portions of the 5-HT<sub>6</sub> receptor.

# 2. A 5-HT<sub>6</sub> behavioral syndrome (yawning, stretching and chewing)?

A particular behavior syndrome resulting from blockade of 5-HT<sub>6</sub> receptors was characterized by Bourson et al. (1995). Lacking

### ABSTRACT

 $5-HT_6$  receptors are relatively recently-discovered receptors. After an uncertain beginning, where results were ambiguous, findings are now apparently more congruent. Nevertheless, discrepancies still exist. The aim of the present manuscript is to point out some of these discrepancies, in order to reflect on the current status of the field of the  $5-HT_6$  receptor neuropharmacology, and where the field should move next. Examples of  $5-HT_6$  receptor ligand-induced changes in behavior, neurochemistry and binding highlight areas where discrepancies remain and further experimental attention is needed. Possible methodological as well as conceptual issues underlying the inconsistencies are considered in an effort to increase awareness of the need for more thorough consideration of these aspects in future research.

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selective 5-HT<sub>6</sub> receptor antagonists, Bourson et al. (1995) utilized 5-HT antisense oligonucleotides (AO) complementary to bases 1 to 18 of the rat 5-HT<sub>6</sub> cDNA. After intracerebroventricular oligonucleotide administration twice a day at 6 or 12 µg/rat for four days, AO-treated animals displayed a dose-dependent specific behavioral syndrome consisting of yawning, stretching and chewing 16 h after the final treatment, which continued for the following 7–8 days. This syndrome was dose-dependently attenuated by the antimuscarinic compound atropine, but unaffected by the dopamine antagonist haloperidol. Food-intake, body temperature, body weight, and heat sensitivity were unchanged by AO administration. The regimen of AO treatment was found to reduce the number of 5-HT<sub>6</sub> receptors by 30% in the frontal cortex, without modifying 5-HT<sub>1A</sub> and 5-HT<sub>2A</sub> receptor binding sites. AO administration also did not affect striatal dopamine and DOPAC levels.

However, subsequently the same group (Bentley et al., 1997) reported that intracerebreventricular AO for 5-HT6 receptors reduced body weight and food intake, in apparent contrast to their prior publication. Moreover, Yoshioka et al. (1998) administered intracerebroventricularly 14  $\mu$ g/rat/day AO with an osmotic pump for 7 days and also found a reduction in 5-HT<sub>6</sub> receptors by 30% in membranes coming from whole brain, with no specific behavioral signs observed after AO administration. Similarly, Hamon et al. (1999) and Otano et al. (1999) with AO administration regimens lasting 4–7 days also did not observe the specific behavioral syndrome first reported by Bourson et al. (1995). Several years later, Wolley et al. (2001) again found no evidence of the specific behavioral syndrome after AO twice daily for 6 days, and again in contrast to the initial Bourson et al. (1995) results, they reported an effect on food intake and body weight reduction after AO administration.

Using the selective 5-HT<sub>6</sub> antagonist Ro04-6790 (Sleight et al., 1998; Bentley et al., 1999), stretching and chewing were observed but

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not yawning. Similar observations were made by other researchers at Hoffman–LaRoche, by using a different 5-HT<sub>6</sub> receptor antagonist (Bos et al., 2001). Lindner et al. (2003) found that, in contrast to cholinesterase inhibitor physostigmine, Ro04-6790 and the other 5-HT<sub>6</sub> receptor antagonist SB-271046 induced stretching, whereas chewing was increased by Ro04-6790 and physostigmine but not by SB-271046; neither Ro04-6790 nor SB-271046 nor physostigmine modified yawning. Marcos et al. (2008) found that oral SB-271046 induced yawning, a behavior that was also maintained after 7 days of repeated administrations. However, no behavioral syndrome was observed by Reavill and Rogers (2001) with SB-271046, as well as by Stean et al. (2002) after oral SB-357134 (at doses ranging between 0.1 and 30 mg/kg, either after single or 7-day administration). Compound 4, a claimed 5-HT<sub>6</sub> receptor antagonist, also failed to induce yawning, stretching and chewing (Russell and Diaz, 2002).

Although the majority of results with AO showed that rats did not display the behavioral syndrome, some of the studies with 5-HT<sub>6</sub> receptor antagonists indicate the induction of at least some elements of the behavioral syndrome with the drugs tested. However, in general, the overall behavioral syndrome (stretching, yawning and chewing) is not a consistent phenomenon observed with either AO or 5-HT<sub>6</sub> receptor antagonists in rats. This points out how the interpretation of the interaction between ligands and 5-HT<sub>6</sub> receptors may possibly defect of better understanding of 5-HT<sub>6</sub> receptor ligands, both in their pharmacodynamic and pharmacokinetics/metabolic properties.

## 3. Pharmacokinetic and pharmacodynamic profiles of 5-HT<sub>6</sub> receptor antagonists

There are several 5-HT<sub>6</sub> receptor antagonists with high affinity for cloned human 5-HT<sub>6</sub> receptors: Ro04-6790 (Ki = 55 nM; Sleight et al., 1998), Ro63-0563 (Ki = 12 nM; Sleight et al., 1998), Ro65-7199 (Ki = 20 nM; Bos et al., 2001), SB271046 (Ki = 1.3 nM; Bromidge et al., 1999), SB-357134 (Ki = 0.3 nM; Bromidge et al., 2001), SB-699299 (Ki = 2.5 nM; Ahmed et al., 2005), SB-399885 (Ki = 0.9 nM; Hirst et al., 2006). However, not all of them can appreciably cross the bloodbrain barrier (Sleight et al., 1998).

Chemical structures acting as  $5-HT_6$  receptor agonists were also synthesized. EMDA (2-ethyl-5-methoxy-N,N-dimethyltryptamine) possesses, however, higher affinity for  $5-HT_4$  receptors (Mattsson et al., 2005), and compounds 16 and 18 have similar affinity for  $5-HT_{1A}$ and  $5-HT_{1B}$  receptors (Mattsson et al., 2005). Cole et al. (2005) found some compounds (compounds 13c, 13f, 15c and 15e) that were full agonists on cAMP production in cloned cells, but unselective. E-6801, in addition to  $5-HT_6$  receptors, also binds to  $5-HT_{1A}$  receptors (Kendall et al., 2010). The  $5-HT_6$  receptor agonist WAY-181187 seems quite selective, even if a certain degree of variability was found for  $5-HT_7$ receptors (Cole et al., 2007; Schechter et al., 2008).

Despite the fact that 5-HT<sub>6</sub> receptor ligands have affinity for 5-HT<sub>6</sub> receptors, may cross the blood-brain barrier and have metabolic stability, their relationship between PK/PD is unclear. 1) SB-357134, which crosses blood-brain barrier better than SB-271046 and Ro04-6790, did not induce behavioral syndrome (Stean et al., 2002); 2) however, oral SB-357134 induced anticonvulsant effects that were at their peak at 4-6 h, but blood and brain concentrations were at their peak after around 1 h (Stean et al., 2002); 3) the anticonvulsant effects induced by oral SB-271046 appeared in less than 30 min, without appreciable blood and brain levels at that timepoint (Routledge et al., 2000); 4) oral SB-399885 had a peak anticonvulsant effect 6 h after administration and on extracellular acetylcholine in the cortex after 1 h, but the maximum concentration in the blood and in the brain was achieved at 3 and 4 h, respectively (Hirst et al., 2006); and 5) compound 11 induced the maximum effect on extracellular levels of acetylcholine after 20 min from oral administration, despite its plasmatic Tmax was at 2 h and its  $t_{1/2}$  was at 3 h (Riemer et al., 2003).

All these results suggest a possible role of metabolite(s) in the mechanism of action of some 5-HT<sub>6</sub> receptor antagonists. Indeed, SB-271046 was reported to be an active metabolite of SB-258510A (Frantz et al., 2002). More detailed pharmacokinetic information on the different molecules used in the in vivo studies would certainly help in understanding the results obtained so far. Unfortunately, information on pharmacokinetics and metabolic characteristics of 5-HT<sub>6</sub> receptor ligands is poorly described (Ahmed et al., 2005; Bos et al., 2001; Bromidge et al., 1999, 2001; Cole et al., 2007; Liu et al., 2009; Trani et al., 2008). The inconsistencies found in PK/PD might not solely depend on metabolic characteristics but also on other pharmacological activities of 5-HT<sub>6</sub> ligands, as information on in-vitro selectivity is often poor (Arnt et al., 2010; De Foubert et al., 2007; Hirst et al., 2006; Isaac et al., 2000; Ivachtchenko et al., 2010; Kendall et al., 2010; Schechter et al., 2008; Zhou et al., 2005).

### 4. Affinity and functional in-vitro assays

The radioligands mostly used with recombinant systems expressing the 5-HT<sub>6</sub> receptor are the unselective lysergic acid diethylamide, either iodinated ([<sup>125</sup>I]LSD) or tritiated ([<sup>3</sup>H]LSD) and the tritiated serotonin ([<sup>3</sup>H]5-HT), for both saturation and competition experiments. 5-HT and LSD seem to interact differently on 5-HT<sub>6</sub> receptors, the latter having higher affinity but being capable of only partially activating rat and human receptors (Boess et al., 1997; Dupuis et al., 2008). Particularly, tryptamine derivatives appear more affine to binding sites labelled with 5-HT than LSD, whereas the contrary is true for ergotamine derivatives (Boess et al., 1997). That compounds may bind to the 5-HT<sub>6</sub> receptors with different interactions is also suggested by the fact that in contrast to SB-357134, Ro04-6790 failed to displace [<sup>3</sup>H]LSD from mouse 5-HT<sub>6</sub> receptors transiently expressed in HEK cells (Hirst et al., 2003). Moreover, when the more selective 5-HT<sub>6</sub> receptor antagonists [<sup>3</sup>H]Ro63-0563 and [<sup>125</sup>I]SB-258585 were used, the number of 5-HT<sub>6</sub> receptors in human recombinant cloned cells ranged from 1.6 pmol/mg with [<sup>3</sup>H]Ro63-0563 (Boess et al., 1998), to 6.1 pmol/mg with [125I]SB-258585 (Hirst et al., 2000), in comparison with 2.8 pmol/mg with [<sup>3</sup>H]5-HT (Boess et al., 1997) and 3.9 pmol/mg with [<sup>3</sup>H]LSD (Hirst et al., 2000). As a whole, these findings suggest that the 5-HT<sub>6</sub> receptor population is bound at different sites by radiolabelled compounds. However, saturation analysis revealed a single binding site (Hirst et al., 2000) or at least cannot be explained with the presence of multiple binding sites (Boess et al., 1998). Another important aspect is the difference in 5-HT<sub>6</sub> receptor density between native tissues and recombinant cells, being the density in native tissue about 30 times lower than in cloned cells (Hirst et al., 2000). As the definition of agonist/antagonist depends on receptor and G protein density, the use of cloned cells for such definition may be misleading (Codony et al., 2010). Additionally, more information on compound selectivity is needed to clarify possible effects that do not seem mediated by 5-HT<sub>6</sub> receptors. However, it is difficult to ascertain the meaning of Ki affinity values or receptor density when these values are reported without an index of variability of the measurement. Thus, if 1.6 and 6.1 pmol/mg protein as 5-HT<sub>6</sub> receptor density measurement (see above) is really different remains an open issue. In line with the unclear information on 5-HT<sub>6</sub> receptor characteristics, the specific binding in striatal membranes was around 65% with [125I]SB-258585 (Hirst et al., 2000) and around 20% with [<sup>3</sup>H]Ro63-0563 (Boess et al., 1998).

Finally, one should consider another characteristic of  $5-HT_6$  receptors. Max et al. (1995) observed that the cloned rat  $5-HT_6$  receptor in HEK-293 cells undergoes fast desensitization, without receptor down-regulation, with a  $t_{1/2}$  of less than 1 h with maximal desensitization occurring between 2 and 4 h of treatment. Thus, some activities of  $5-HT_6$  agonists might also depend on their agonistic

properties at shorter times, but, due to rapid receptor desensitization, an antagonistic action may appear at longer times.

### 5. Neurochemistry

In vivo, the 5-HT<sub>6</sub> receptor antagonist SB-399885 increased extracellular acetylcholine (ACh) levels in the rat brain (Hirst et al., 2006), an effect also reported for another 5-HT<sub>6</sub> receptor antagonist (compound 11; Riemer et al., 2003). However, the antagonist Ro04-6790 was unable to increase extracellular Ach levels in hippocampus (Shirazi-Southall et al., 2002).

Regarding brain catecholamines, SB-271046 was reported to increase extracellular levels of dopamine (DA) and noradrenaline (NA) in the cortex when given orally (Lacroix et al., 2004), but not when given subcutaneously (Dawson et al., 2000). The authors themselves explained such difference in term of different subregions, primary motor cortex vs. prelimbic/infralimbic, of the cortex. An alternative explanation might be that, in contrast to subcutaneous route, oral administration allows the compound to pass initially through the intestine and liver where it may be metabolized, and, therefore, some active metabolite(s) produced during first-pass metabolism might explain the activity of SB27106 after oral administration. However, the injection of intraperitoneal SB-258510A, a pro-drug of SB-271046 (Frantz et al., 2002), and of subcutaneous SB-399885 (Li et al., 2007) did not induce any increase in extracellular levels of DA in the cortex. It is worth noting that, in contrast to Dawson et al. (2000), Frantz et al. (2002) and Li et al. (2007), Lacroix et al. (2004) used neostigmine, a reversible acetylcholinesterase inhibitor, in the dialyses fluid. Thus, one cannot exclude that the effect on cortical extracellular levels of DA may be observable only when Ach is increased. This hypothesis, however, needs experimental support.

With regard to the in vivo effects induced by 5-HT<sub>6</sub> receptor agonism, a lack of readily available selective 5-HT<sub>6</sub> agonists has limited research advances to date. In the recent European Behavioural Pharmacology Society Meeting in Rome, we presented microdialysis data on the new 5-HT<sub>6</sub> agonist, ST1936 (Borsini et al., 2008). This agonist increased extracellular DA and NA, but not 5-HT levels in medial prefrontal cortex and in the shell of the nucleus accumbens in a dose-dependent manner, and another study confirmed these effects and reported that they were reversed by the antagonist SB-271046, which was inactive by itself (Valentini et al., 2009; additional experiments to extend such effects are ongoing - G. Di Chiara, personal communication). Such data are in contrast with those obtained with another 5-HT<sub>6</sub> receptor agonist, WAY-181187, which reduced 5-HT and DA levels in frontal cortex, but left NA content unchanged (Schechter et al., 2008). This latter microdialysis study on freely moving rats also showed increases in extracellular levels of GABA in the frontal cortex and dorsal hippocampus upon the administration of the 5-HT<sub>6</sub> receptor selective agonist WAY-181187 (Schechter et al., 2008). Thus, in the recent and very limited in vivo experiments that utilize 5-HT<sub>6</sub> receptor agonists, inconsistencies about the effects of 5-HT<sub>6</sub> receptor modulation on monoamine systems in the brain also are evident.

In conclusion, much remains to be clarified about the modulation of  $5-HT_6$  receptors on other neurotransmitter systems and more tools are necessary for this feat.

### 6. Conclusions

Although experimental inconsistencies also exist for other 5-HT receptors, i.e. 5-HT<sub>1A</sub> (Marazziti et al., 2002) and 5-HT<sub>2C</sub> (Millan, 2005), the marked paucity of information on 5-HT<sub>6</sub> receptors, due to the insufficient data on 5-HT<sub>6</sub> receptor ligands, particularly hampers our understanding of 5-HT<sub>6</sub> receptor pharmacology.

However, the picture of 5-HT<sub>6</sub> receptors is more complex than expected, as their interaction with 5-HT<sub>6</sub> ligands might also depend on neuroanatomical region. In fact, there is even a report (de Foubert et al., 2007) that shows that the up-regulation in activity-regulated cytoskeleton-associated protein (Arc) mRNA expression caused by subcutaneous administration of the purported agonist LY586713 is blocked by the subcutaneous administration of the antagonist/inverse agonist SB-271046 in hippocampus and parietal cortex but not in cingulate and orbital cortex. Moreover, in the latter brain regions, the antagonist SB-271046 increased Arc mRNA expression similarly to the agonist LY-586713. Thus, regional brain differences also may then account for some of the inconsistencies. Such regional difference may well account for the discrepancies in microdialysis studies as well. Additionally, it remains to document whether the G proteins linked to 5-HT<sub>6</sub> receptors (Codony et al., 2010) are differently expressed in the different brain regions.

In the field of  $5-HT_6$  receptors there are several inconsistent findings in need of further study. We think that experimental and procedural flaws might be, at least in part, at the source of these inconsistencies and such inconsistencies could be avoided if some precautions were taken. These include: 1) the use of different radioligands which can provide quite different results in affinity characterization studies; 2) the use of different tissues receptor density and biochemical readouts as these may affect the definition of a compound as silent antagonist, agonist or inverse agonist; 3) more information on possible active metabolites and/or pharmacokinetic differences across compounds that may produce vastly different in vivo neurochemical and behavioral profiles; and 4) more information on receptor selectivity.

Additionally, only very few studies (de Foubert et al., 2007; Schechter et al., 2008; Valentini et al., 2009) use a 5-HT<sub>6</sub> receptor antagonist to block the effect of an 5-HT<sub>6</sub> receptor agonist. The reverse (5-HT<sub>6</sub> receptor agonist against an effect mediated by 5-HT<sub>6</sub> receptor antagonist) has never been assessed. If the 5-HT<sub>6</sub> ligands competitively bind to the same site, the effect of an agonist should be counteracted by an antagonist, and vice versa.

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